



Baked Goods Ask your server what's available!

Breakfast Sandwich Egg, bacon, and cheddar on an English muffin \$4.75
↔Sub GF bun \$1.50

Smashed Pea Toast Spelt sourdough topped with garlic parsley pea smash, red pepper flake, & greens \$5.75
*Vegan
↔Sub GF bread \$1.75
+Add a fried egg on top \$1.75

Bagel B.E.L.T. Bacon, egg, greens, tomato, & garlic aioli on a Rise Above Everything Bagel \$7.75

Yoghurt Bowl Greek yoghurt topped with house-made berry lemon compote & Schoolhouse GF granola \$7.75
*Gluten-friendly

French Toasts

Plain Served with maple syrup and butter \$9.75

Berry Yoghurt Topped with Greek yoghurt, our lemon berry compote, toasted walnuts, & maple syrup \$14.75

Sweet n Salty Topped with melty brie, bacon, toasted walnuts, & maple syrup \$15.75
↔Sub GF bread \$1.75

Omelets

Mediterranean Filled with mozza, feta, roasted zucchini, bell pepper, & onion, finished with garlic aioli & served with your choice of buttered white or whole wheat toast \$15.75

Hearty Filled with mozza, cheddar, bacon, sausage, & roasted onion, finished with our BBQ sauce & served with your choice of buttered white or whole wheat toast \$15.75

Scotian Filled with NS lobster salad, finished with garlic aioli & parsley, served with a side of bacon & your choice of buttered white or whole wheat toast \$26.75
↔Sub GF bread \$1.75

Classic 2 eggs your way, bacon, Webber's sausage, hashbrowns, & buttered white or whole wheat toast \$14.75
↔Sub GF bread \$1.75

Full Vegan Baked chickpeas in tomato sauce, plant-buttered white or whole wheat toast, a hashbrown, roasted zucchini, bell pepper, & onion, & a lil handful of greens \$14.75
*Vegan
↔Sub GF bread \$1.75

Breakfast Pizza Mozzarella, bacon, roasted onion, a baked egg, garlic aioli, & fresh parsley \$16.75
↔Sub in roasted zucchini and bell pepper for bacon to make it vegetarian

<u>+Sides or Build Your Own</u>	
Bacon \$2.75	Sausage \$2.75
Hashbrowns \$2.75	Patatas Hashbrowns \$3.75
Egg \$1.75	Buttered Toast \$3.75